## **CLAIMS**

What is claimed is:

- 1. A method of therapeutically treating an uncoupled resorbing bone in a patient,
  5 comprising the steps of:
  - a) locally administering an effective amount of a first formulation comprising a bone forming agent into the bone, and
  - b) locally administering an effective amount of a second formulation comprising an anti-resorptive agent into the bone.

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- 2. The method of claim 1 wherein the bone is intact.
- 3. The method of claim 2 wherein the amount of the first formulation comprising the bone forming agent is effective to increase the density of the bone.

- 4. The method of claim 3 wherein the patient is post-menopausal.
- 5. The method of claim 4 wherein the bone is a vertebral body.
- 20 6. The method of claim 5 wherein the anti-resorptive agent is an agent which is a highly specific cytokine antagonist that inhibits TNF-α.
  - 7. The method of claim 5 wherein the anti-resorptive agent is estrogen.
- 25 8. The method of claim 5 wherein the bone is a vertebral body and is adjacent to a fractured vertebral body.
  - 9. The method of claim 1 wherein the bone is osteoporotic.

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- 10. The method of claim 1 wherein the bone is a hip bone.
- 11. A kit for treating an osteoporotic bone, comprising:
  - a) a first formulation comprising an osteoconductive material,
- b) a second formulation comprising an effective amount of an antiresorptive agent, and
  - a sustained release device adapted to deliver the second formulation into the bone.
- 10 12. The kit of claim 11 wherein the osteoconductive material comprises calcium and phosphorus.
  - 13. The kit of claim 11 wherein the osteoconductive material comprises hydroxyapatite.

14. The kit of claim 11 wherein the osteoconductive material comprises collagen.

- 15. The kit of claim 11 wherein the osteoconductive material is in a settable paste form capable of setting up *in vivo* to impart post-treatment mechanical support to the osteoporotic bone.
- 16. The kit of claim 11 wherein the second formulation comprises a highly specific cytokine antagonist.
- 25 17. The kit of claim 11 wherein the sustained release device comprises a drug pump.
  - 18. The kit of claim 11 wherein the sustained release device comprises a bioresorbable material.

- 19. The kit of claim 11 further comprising:
  - d) an effective amount of a growth factor.
- 20. The kit of claim 11 wherein the sustained release device comprises microspheres.
- 21. A method of treating osteoporosis in a patient, comprising locally administering an effective amount of a formulation comprising an effective amount of a highly specific cytokine antagonist into an uncoupled resorbing bone.

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- 22. The method of claim 21 wherein the bone is intact.
- 23. The method of claim 22 wherein the amount is effective to increase the bone mineral density of the bone.

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- 24. The method of claim 23 wherein the patient is post-menopausal.
- 25. The method of claim 24 wherein the bone is a vertebral body.
- 20 26. The method of claim 25 wherein the highly specific cytokine antagonist inhibits  $TNF-\alpha$ .
  - 27. The method of claim 25 wherein the highly specific cytokine antagonist inhibits at least one interleukin.

- 28. The method of claim 25 wherein the bone is a vertebral body and is adjacent to a fractured vertebral body.
- 29. The method of claim 21 wherein the bone is osteoporotic.

- 30. The method of claim 21 wherein the bone is a hip bone.
- 31. An osmotic pump implant for providing sustained delivery of a therapeutic agent into a bone, comprising:
- a) a tubular member having a proximal end portion, a distal end portion and a throughbore,
  - b) a semi-permeable membrane located in the proximal end portion of the tubular member,
  - c) a piston provided in the tubular member, defining a proximal chamber and a distal chamber,
  - d) an osmotic engine located in the proximal chamber, and
  - e) a therapeutic drug located in the distal chamber, wherein the tubular member has an outer surface adapted to anchor to the bone.
- 15 32. The osmotic pump implant of claim 31 wherein the outer surface has a threadform thereon.
  - 33. The osmotic pump implant of claim 31 wherein the outer surface has a hook thereon.
  - 34. The osmotic pump implant of claim 31 wherein the outer surface has a porosity effective for inducing bone ingrowth.
- The osmotic pump implant of claim 31 wherein the porosity of the outer surface has an average pore size of between 20  $\mu$ m and 500  $\mu$ m.
  - 36. The osmotic pump implant of claim 31 wherein the therapeutic drug is a bone forming agent.

- 37. The osmotic pump implant of claim 31 wherein the outer surface is adapted to form a lag screw.
- 38. The osmotic pump implant of claim 31 wherein the therapeutic drug is a growth factor.
  - 39. The osmotic pump implant of claim 31 wherein the therapeutic drug is an antibiotic.
- 10 40. The osmotic pump implant of claim 31 wherein the therapeutic drug is an antiresorptive agent.
  - 41. An osmotic pump implant for providing sustained delivery of two therapeutic agents to a bone, comprising:
- a) a tubular member having a proximal end portion, a distal end portion and a throughbore,
  - b) a semi-permeable membrane located in the proximal end portion of the tubular member,
  - c) a distal piston provided in the tubular member, defining an intermediate chamber and a distal chamber,
  - d) a proximal piston provided in the tubular member, defining the intermediate chamber and a proximal chamber,
  - e) an osmotic engine located in the proximal chamber,
  - f) a first therapeutic drug located in the distal chamber, and
- g) a second therapeutic drug located in the intermediate chamber.
  - 42. The osmotic pump implant of claim 41 wherein the tubular member has an outer surface adapted to anchor to the bone.

- 43. The osmotic pump implant of claim 41 wherein the outer surface has a threadform thereon.
- 44. The osmotic pump implant of claim 41 wherein the outer surface has a porosity effective for inducing bone ingrowth.
  - 45. The osmotic pump implant of claim 41 wherein the first therapeutic drug is a bone forming agent.
- 10 46. The osmotic pump implant of claim 45 wherein the bone forming agent is a growth factor.
  - 47. The osmotic pump implant of claim 45 wherein the bone forming agent is a BMP.

48. The osmotic pump implant of claim 45 wherein the bone forming agent is FGF.

49. The osmotic pump implant of claim 45 wherein the second therapeutic drug is an anti-resorptive agent.

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- 50. A device for providing sustained delivery of a therapeutic agent into a bone, comprising:
  - a) a chamber for housing an anti-resorptive agent,
  - b) an exit port in fluid communication with the chamber,
- c) an effective amount of an anti-resorptive agent housed within the chamber, and
  - d) means for expelling the anti-resorptive agent from the chamber through the exit port.
- 30 51. A kit for treating an osteoporotic bone, comprising:

- a) a first formulation comprising an effective amount of a bone-forming agent,
- b) a first sustained release device adapted to deliver the first formulation into the bone,
- 5 c) a second formulation comprising an effective amount of an antiresorptive agent, and
  - d) a second sustained release device adapted to deliver the second formulation into the bone.
- 10 52. The kit of claim 51 wherein the bone forming agent is an anabolic agent.
  - 53. The kit of claim 51 wherein the bone forming agent is a growth factor.
  - 54. The kit of claim 51 wherein the bone forming agent is a BMP.
  - 55. The kit of claim 51 wherein the bone forming agent is an antibiotic.
  - 56. The kit of claim 51 wherein the second formulation comprises a highly specific cytokine antagonist.
  - 57. The kit of claim 51 wherein the second sustained release device comprises a drug pump.
- 58. The kit of claim 51 wherein the second sustained release device comprises a bioresorbable material.
  - 59. The kit of claim 11 further comprising:d) an effective amount of a growth factor.
- 30 60. A method of treating an osteoporotic patient, comprising the steps of:

- a) providing an osteoporotic patient having a functional spinal unit comprising
   i) an upper vertebral body, ii) a lower vertebral body and iii) an intervertebral disc therebetween,
- b) inserting a device adapted to deliver an effective amount of a bone growth agent into at least one of the vertebral bodies,
- c) removing at least a portion of the intervertebral disc to create a disc space, and
- d) inserting a spinal implant into the disc space.
- 10 61. A kit for treating osteoporosis, comprising:
  - a) an effective amount of a bone forming agent, and
  - b) an effective amount of a highly specific cytokine antagonist.
  - 62. The kit of claim 61 wherein the bone forming agent is an anabolic agent.
  - 63. The kit of claim 61 wherein the bone forming agent comprises calcium and phosphorus.
- 64. The kit of claim 61 wherein the bone forming agent comprises an injectable precursor fluid that produces an *in situ* formation of a mineralized collagen composite.
  - 65. The kit of claim 61 wherein the bone forming agent comprises collagen.
- 25 66. The kit of claim 61 wherein the bone forming agent is in a particulate form.
  - 67. The kit of claim 61 wherein the bone forming agent is a growth factor.
  - 68. The kit of claim 61 wherein the bone forming agent is a BMP.

- 69. The kit of claim 61 wherein the bone forming agent is FGF.
- 70. A method of therapeutically treating an uncoupled resorbing bone in a patient, comprising locally administering an effective amount of a formulation comprising an anti-resorptive agent into the bone, wherein the bone is nontumorous.
- 71. A drug delivery implant for providing sustained delivery of a therapeutic agent to a bone, comprising:
- a) a drug pump comprising an outer surface and an exit port, and
  - b) a carrier comprising a recess for receiving the drug pump and means for fastening to the bone.
- 72. The drug delivery implant of claim 71 wherein the drug pump further comprises
  a flexible tubular member comprising a throughbore, wherein the throughbore is
  in fluid communication with the exit port.
  - 73. The drug delivery implant of claim 72 wherein the drug pump comprises an osmotic engine disposed within a throughbore.
  - 74. The drug delivery implant of claim 71 wherein the drug pump contains a first formulation comprising an effective amount of a bone-forming agent.
- 75. The drug delivery implant of claim 71 wherein the drug pump contains a first formulation comprising an effective amount of an anti-resorptive agent.
  - 76. The drug delivery implant of claim 71 wherein the carrier comprises a radioopaque material.

- 77. The drug delivery implant of claim 71 wherein the carrier is made of a material having a modulus of elasticity of between about 0.1 and about 10 GPa.
- 78. The drug delivery implant of claim 71 wherein the carrier has an outer surface having a threadform thereon.
  - 79. The drug delivery implant of claim 71 wherein the drug pump has a cylindrical outer surface, the carrier comprises a throughbore and the cylindrical outer surface is adapted to fit within the throughbore.

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- 80. A kit for treating osteoporosis, comprising:
  - a) a bone anchor comprising:
    - i) an outer surface having at least one exit hole,
    - ii) a distal end portion having at least one entry hole, and
    - iii) a throughbore in fluid communication with the entry and exit holes;
  - b) a first formulation comprising an effective amount of a bone forming agent, and
  - c) a second formulation comprising an effective amount of an antiresorptive agent.

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- 81. The kit of claim 80 wherein the bone forming agent is an anabolic agent.
- 82. The kit of claim 80 wherein the bone forming agent comprises calcium and phosphorus.

- 83. The kit of claim 80 wherein the bone forming agent comprises hydroxyapatite.
- 84. The kit of claim 80 wherein the bone forming agent comprises collagen.
- 30 85. The kit of claim 80 wherein the bone forming agent is in a particulate form.

- 86. The kit of claim 80 wherein the bone forming agent is a growth factor.
- 87. The kit of claim 80 wherein the bone forming agent is a BMP.

88. The kit of claim 80 wherein the bone forming agent is FGF.

- 89. A method of therapeutically treating an uncoupled resorbing bone in a patient, comprising the steps of:
- 10 a) locally administering an effective amount of a first formulation comprising a bone forming agent into the bone, and
  - b) systemically administering an effective amount of a second formulation comprising an anti-resorptive agent into the bone.